## Example

While cross country skiing, you find you are on the top of a small hill. The hill side is a gentle slope at an angle of 20 degrees to the horizontal. You are new at this and are a bit afraid of going too fast since you are not good at stopping. You stop at the top of the hill and estimate that the hill side goes 100 feet before it gets to the bottom. How fast will you be going at the bottom of the hill? The coefficient of kinetic friction between your skis and the dry snow is 0.04.

We solved this problem using dynamics. Now solve it using conservation of energy

#### Choices You choose

The system: One objects or a group of objects Example: skier

The Initial Time

Any <u>instant</u> when you can determine the energy of the object.

For skier: Kinetic Energy at top

Final Time Any <u>later instant</u> when you can determine the energy of the object. For skier: Kinetic Energy at bottom

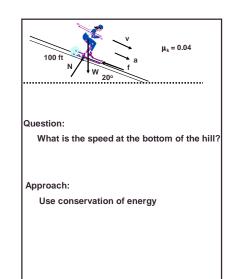
For those choices there is an in between time

Time interval between Initial Time and Final Time

Energy transfers to or from the system

Work A force can cause a transfer of energy

β forces on skier: Do they all cause a transfer?



# Forces and Energy Transfer

#### Energy input

If a force transfers energy to the skier

It would cause the skier to increase her kinetic energy.

Skier speeds up

The force has a component in the direction of the skier's velocity

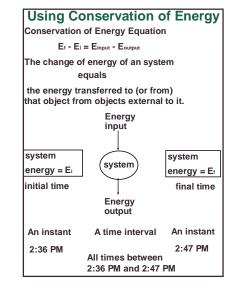
#### Energy output

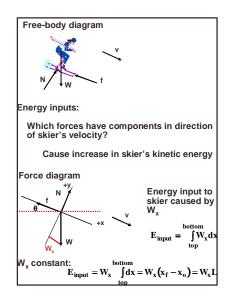
If a force transfers energy from the skier

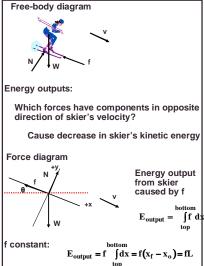
It would cause the skier to decrease her kinetic energy.

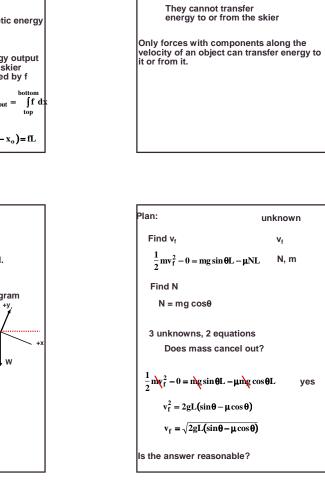
Skier slows down

The force has a component in the opposite direction to the skier's velocity







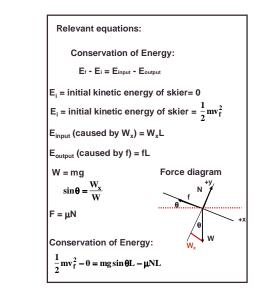


Free-body diagram

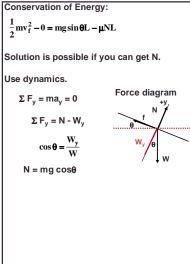
Since N and  $W_{\rm y}$  are perpendicular to the velocity,

Force diagram

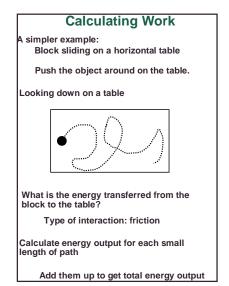
. w



Evaluation		
$v_f = \sqrt{2gL(\sin\theta - \mu\cos\theta)}$		
See how v <sub>f</sub> changes as		
known quantities change		
As the length of the hill increases (L),		
v <sub>f</sub> increases. Reasonable		
If the angle of the hill to the horizontal		
(L), v <sub>f</sub> were 90°,		
$v_f = \sqrt{2gL}$		
No effect of friction. Reasonable because		
the skier would be falling straight down, free fall.		
If the angle of the hill to the horizontal		
(L), v <sub>f</sub> were 0°,		
$v_f = \sqrt{-2gL\mu}$		
Not a real number so no final speed. If no slope, the skier does not move.		
Reasonable.		

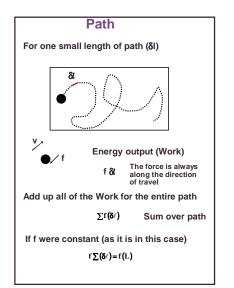


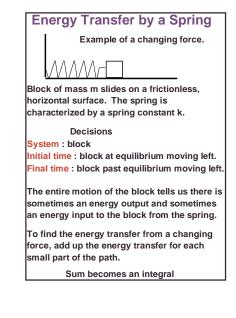
Plan: u	nknown
Find v <sub>f</sub>	v <sub>f</sub>
$\frac{1}{2}mv_f^2 - 0 = mg\sin\theta L - \mu NL$	N, m
Find N	
N = mg cosθ	
3 unknowns, 2 equations Does mass cancel out?	
$\frac{1}{2}mv_{\rm f}^2 - 0 = mg\sin\theta L - \mu mg\cos\theta$	9L yes
$v_f^2 = 2gL(\sin\theta - \mu\cos\theta)$	
$v_f = \sqrt{2gL(\sin\theta - \mu\cos\theta)}$	
Is the answer reasonable?	

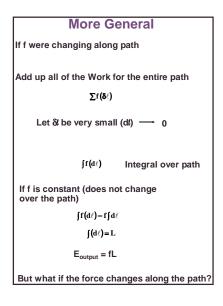


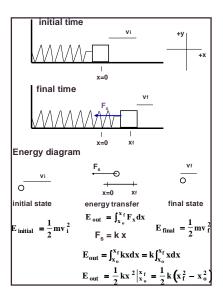
### Example

You have been hired to help design a new amusement park ride for small children. In this ride, a child sits in a cart that is attached to a large spring. A mechanism give the cart a shove and the cart moves back and forth. The cart is a hovercraft that rides on a cushion of air. To check the safety of this ride, you have been asked to write a computer program that calculates the child's speed at any time as a function of the spring constant and the initial speed given by the shove. You decide to test your program in the laboratory using a block of plastic sliding on an air table. They will not let you use a real kid.









## How to Solve Problems Using Energy

1. Picture the situation Where is the object? How is it moving?

Is there energy transfer?

What path does the object travel?

Carefully identify the initial time and the final time you want to consider.

Can you account for all of the energy of your object at those times?

Can you account for all energy transfers between those times?

2. Define your quantities with respect to a coordinate system.

Make sure you know which direction is + and which is -.

Force, position

3. Use your defined quantities to write down the conservation of energy equation for your situation.

Keep track of the signs.

Keep track of the target quantity.

Do you need to know anything else in addition to conservation of energy?

Force laws

Kinematics

4. Identify all unknowns in your conservation of energy equation and relate them by equations to other information or principles physics.

5. Check you answer

Correct units?

Reasonable behavior or value?